

nurses who attend the meetings will find them highly instructive.

#### NOT FORGOTTEN ASSOCIATION.

It seems almost incredible after all the sacrifice and suffering on behalf of the nation—of the men who fought in the war—that it should be necessary to organise a "Not Forgotten" Association, so that the poor fellows more or less broken and damaged should receive a few sympathetic attentions. What irony, when one recalls all the fussing and fuming to do "our bit," so widely advertised by the now be-ribboned brigade!

Anyway the King and Queen have been entertaining the injured and suffering men still in hospitals at Buckingham Palace, an example which might well be followed by more of their wealthy subjects.

In this connection we are glad to note that Mr. Basil F. Leakey, known in the entertainment world as Alan Adair, has a plan to entertain wounded soldiers, of whom there are over 7,000 still in hospital within the London radius, and probably three times that number of out-patients. Mr. Leakey's scheme, which will supplement the admirable work of the "Not Forgotten" Association, is one by which the wounded men and their friends, to the number of 600 at a time, will be entertained at the Wigmore Hall every Sunday afternoon throughout the winter.

How about the Women's Clubs? The members are now making plans for their own enjoyment during the winter in many a fine mansion. Don't let them forget that their comfort and pleasure has been made possible by the loss of limb or nerve of thousands of brave men. We hope one and all will get into touch with the "Not Forgotten" Association, and offer hospitality.

The Royal British Nurses' Association could not do better than provide a tea and entertainment at their fine home in Queen's Gate. Let us get on with it. We feel sure the Royal President would give her patronage to such a patriotic function.

#### COMING EVENTS.

*September 27th.*—The Scottish Nurses' Club, 205, Bath Street, Glasgow. "At-Home," to meet Miss Steuart Donaldson, Matron Glasgow Royal Infirmary. 4 p.m.

*September 30th.*—General Nursing Council for England and Wales. Meeting Ministry of Health. Whitehall, S.W. 2.30 p.m.

*October 1st.*—Royal British Nurses' Association. Re-union of Members. 194, Queen's Gate, S.W. Tea 1s. 3 to 6 p.m.

*October 4th.*—Nurses' Missionary League. Valectory Meetings, University Hall, Gordon Square, W.C.1.

*October 8th.*—The Scottish Nurses' Club Extension Sale of Work, 205, Bath Street, Glasgow, 2 p.m.

*October 12th.*—The Matron-in-Chief and members Q.A.I.M.N.S. "At-Home," Wharncliffe Rooms, Great Central Hotel, Marylebone. 4 to 7 p.m.

#### LETTERS TO THE EDITOR.

*Whilst cordially inviting communications upon all subjects for these columns, we wish it to be distinctly understood that we do not in ANY WAY hold ourselves responsible for the opinions expressed by our correspondents.*

#### A SPLENDID OPPORTUNITY.

*To the Editor of THE BRITISH JOURNAL OF NURSING.*

DEAR MADAM,—Our Secretary is sending an advertisement for insertion in the next number of the B.J.N. I wonder if you could spare space for a tiny paragraph. I am faced with a very serious shortage of nurses, and I am making every effort to get a number in at once. There is not one on the list awaiting training. Of course, you know what a splendid training school this is and how comfortable and modern is the nurses' home. The food and service is excellent, and the hours off duty adequate. To meet the requirements of the State Syllabus, an increase of staff is requisite, and I ought to have a large number ready to come in at once.

It is always good to advertise in the B.J.N. because nurses already trained are repeatedly asked by intending candidates where to apply.

Believe me to be, yours faithfully,

MARY STEUART DONALDSON,

*Matron.*

Royal Infirmary, Glasgow.

#### PRIZE ESSAY ON SUMMER DIARRHŒA.

[A CRITICISM.]

*To the Editor of THE BRITISH JOURNAL OF NURSING.*

DEAR MADAM,—It is stated that "Breast-fed infants and those fed on uncontaminated milk usually escape."

When the professions realise and stress the importance of and technical management of natural feeding there will be a great drop in infant mortality. Unfortunately, even children fed in hygienic surroundings on clean milk often develop zymotic enteritis, caused by their digestive organs being overtaxed with food of wrong quantity or quality, or sometimes both.

Little progress will be made in Child Welfare while the professions continue to feed children on the quantities prescribed on tins of milk and patent food, or on the "guessed" quantities and proportions of cows' milk. One constantly finds infants on part milk, part water, a little sugar to sweeten (regardless that the caloric food value of sugar stands at 116 per oz. and must not be added in excess of 7 per cent.); some cream finishes the prescription "if it can be got," most often, even in many Welfare Centres, the necessary addition of fat is disregarded. Yet the model on which all artificial food should be based is ever before us. Human milk contains 400 calories per pint (20 per oz.); and the percentage of sugar is 7 per cent.; fat, 3 to 4 per cent.;

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